Table 1: Demographic, clinical and offending characteristics

Information	Intervention group n=31	Comparison group n=31	Total N=62
Mean Age (sd)	37.9 (11.0)	34.4 (9.4)	36.2 (10.3)
Ethnicity White British(%) Black British(%) Other(%)	27 (87.1%) 3 (9.7%) 1 (3.2%)	27 (87.1%) 3 (9.7%) 1 (3.2%)	54 (87.1%) 6 (9.7%) 2 (3.2%)
Marital status (%) Single Separated, Divorced or Widowed Married	28 (90.3%) 3 (9.7%) 0 (0%)	29 (93.5%) 1 (3.2%) 1 (3.2%)	57 (91.9%) 4 (6.5%) 1 (1.6%)
Employed (%)	2 (6.5%)	4 (13%)	6 (9.7%)
History of Self Harm(%)	21 (67.7%)	24 (77.4%)	45 (72.6%)
Self-harm in last 3 months(%)	9 (29.0%)	8 (25.8%)	17 (27.4%)
ACCT at time of release(%)	5 (16.1%)	8 (25.8%)	13 (21.0%)
History of substance misuse(%)	24 (77.4%)	26 (83.9%)	50 (80.6%)
Mean length of current prison sentence in days (sd)	658.1 (811.5)	517.1 (779.6)	600.1 (793.7)
Previous prison sentence	22 (71.0%)	26 (83.9%)	48 (77.4%)

Table 2: Housing situation prior to admission

Accommodation	Intervention group n=31	Comparison group n=31	Total N=62
Friends/Family (%)	9 (30.0%)	13 (41.9%)	22 (36.1%)
Independent (%)	4 (13.3%)	3 (9.7%)	7 (11.5%)
Homeless (%)	16 (53.3%)	10 (32.3%)	26 (42.6%)
Hostel (%)	0 (0%)	2 (6.5%)	2 (3.3%)
B&B (%)	1 (3.3%)	1 (3.3%)	2 (3.3%)
Supported (%)	0 (0%)	2 (6.5%)	2 (3.3%)

Table 3: Accommodation Status

Type of accommodation	RESET n=31	Comparison n=29 (n=28 at 9 months)	Chi square (df) and Sig
No. homeless (%) [a]			
14 days post-release	0 (0)	8 (27.6)	9.87 (1) p = 0.01*
3 months post-release	0 (0)	8 (27.6)	9.88 (1) p = 0.01*
9 months post-release	2 (6.5)	6 (21.4)	2.82 (1) p = 0.09
No. with family and friends (%) [a]			
14 days post-release	6 (19.4)	2 (6.9)	2.01 (1) p = 0.16
3 months post-release	3 (9.7)	2 (6.9)	0.15 (1) p = 0.7
9 months post-release	3 (9.7)	1 (3.6)	0.87 (1) p = 0.35
No. independent accommodation (%) [a]			
14 days post-release	8 (25.8)	5 (17.2)	0.65 (1) p = 0.42
3 months post-release	12 (38.7)	5 (17.2)	3.4 (1) p = 0.07
9 months post-release	11 (35.5)	5 (17.9)	2.31 (1) p =0.13
No. hostel (%) [a]			
14 days post-release	2 (6.5)	3 (10.3)	0.3 (1) p =0.59
3 months post-release	3 (9.7)	2 (6.9)	0.15 (1) p = 0.7
9 months post-release	1 (3.2)	1 (3.5)	0.01 (1) p = 0.96
No. B&B accommodation (%) [a]			
14 days post-release	5 (16.1)	2 (6.9)	1.24 (1) p = 0.27
3 months post-release	5 (16.1)	0 (0)	5.1 (1) p = 0.02*
9 months post-release	3 (9.7)	0 (0)	2.86 (1) p = 0.09
No. in supported accommodation (%) [a]			
14 days post-release	3 (9.7)	4 (13.8)	0.25 (1) p = 0.62
3 months post-release	3 (9.7)	3 (10.3)	0.01 (1) p = 0.93
9 months post-release	5 (16.1)	5 (17.9)	0.31 (1) p = 0.86
No. in temporary accommodation (%) [a]			
14 days post-release	7 (22.6)	0 (0)	7.41 (1) p = 0.01*
3 months post-release	3 (9.7)	0 (0)	2.96 (1) p = 0.09
9 months post-release	2 (6.5)	0 (0)	1.87 (1) p = 0.17
No. prison (%) [a]			
14 days post-release	0 (0)	3 (10.3)	3.38 (1) p = 0.07
3 months post-release	2 (6.5)	7 (24.1)	3.68 (1) p = 0.06
9 months post-release	5 (16.1)	9 (32.1)	2.08 (1) p = 0.15
No. hospital (%) [a]			
14 days post-release	0 (0)	2 (6.9)	2.21 (1) p = 0.14
3 months post-release	0 (0)	2 (6.9)	2.21 (1) p = 0.14
9 months post-release	0 (0)	2 (7.1)	2.3 (1) p = 0.13
No. other accommodation (%) [a]			
14 days post-release	1 (3.2)	1 (3.4)	0.02 (1) p = 0.96
3 months post-release	1 (3.2)	1 (3.4)	0.02 (1) p = 0.96
9 months post-release	0 (0)	0 (0)	n/a
			Ttest (df) and Sig
Mean no. days housed (sd) [b]			
14 days post-release	13.58 (2.34)	8 (6.89)	4.14 (33.97)#
3 months post-release	88.84 (8.25)	44.91 (44.39)	p =<0.01*
9 months post-release	244.48 (59.72)	129 (123.76)	5.17 (28.69)#
			p = <0.01*
			4.49 (38.04)# p= <0.01*
Mean number of days in hospital (sd) [b]			
14 days post-release	0 (0)	0.14 (0.35)	-2.12 (28)# p = 0.04*
3 months post-release	0.1 (0.26)	6.48 (23.69)	-1.45 (28)# p = 0.16
9 months post-release	2 (7.48)	19.71 (70.5)	-1.35 (28.59)# p = 0.19

Table 4: Engagement with services

Service	RESET n =31	Comparison n =29 (n=28 at 9 months)	Chi square (df) and Sig
Number in contact with mental health services (%) [b]			
14 days post-release	9 (29)	5 (17.2)	1.16 (1) p = 0.28
3 months post-release	15 (48.4)	5 (17.2)	6.54 (1) p = 0.01*
9 months post-release	8 (25.8)	4 (14.3	1.21 (1) p = 0.27
Number in contact with GP (%) [b]			
14 days post-release	28 (90.2)	13 (44.8)	14.33 (1) p = <0.01*
3 months post-release	31 (100)	19 (65.5)	29.72 (1) p = <0.01*
9 months post-release	27 (87.1)	11 (39.3)	14.67 (1) p = <0.01
Number receiving benefits (%) [b]			
14 days post-release	28 (90.3)	11 (37.9)	18.08 (1) p = <0.01*
3 months post-release	31 (100)	10 (35.7)	28.68 (1) p = <0.01*
9 months post-release	28 (90.3)	11 (39.3)	17.1 (1) p = <0.01*
Number in employment/education (%) [b]			
14 days post-release	3 (9.7)	2 (6.9)	0.18 (1) p = 0.67
3 months post-release	3 (9.7)	1 (3.4)	0.93 (1) p = 0.33
9 months post-release	4 (12.9)	3 (10.7)	0.07 (1) p = 0.7

[b] the mean scores and standard deviations are reported. The t-test score is also reported with the degrees of freedom (in parentheses) and the significance levels.

Any statistically significant findings (where p =<0.05) are noted by an asterisk.

Table 5: Service Engagement Scale

Scale Domain	RESET	Comparison	Ttest (df) and Sig
14 days post-release 3 months post-release 9 months post-release	n = 30 n = 29 n = 24	n = 13 n = 11 n = 9	
Availability (sd) [b] 14 days post-release 3 months post-release 9 months post-release	 1.2 (1.94) 1.28 (1.94) 1.63 (2.53)	 2.23 (2.74) 2 (3.01) 1.67 (3.04)	 -1.41 (41) p = 0.17 -0.89 (32) p = 0.38 -0.04 (31) p = 0.97
Collaboration (sd) [b] 14 days post-release 3 months post-release 9 months post-release	 1.80 (2.17) 1.62 (1.57) 3.04 (2.35)	 3.77 (2.59) 4.09 (2.07) 4.33 (2.24)	 -2.58 (41) p = 0.01* -4.07 (38) p = <0.01* -1.42 (31) p = 0.16
Help seeking (sd) [b] 14 days post-release 3 months post-release 9 months post-release	 2.8 (2.54) 3.1 (2.8) 3.42 (2.96)	 4.54 (5.04) 4.09 (3.41) 4.89 (4.29)	 -1.18 (14.7)# p = 0.25 -0.94 (38) p = 0.35 -1.12 (31) p = 0.27
Treatment adherence (sd) [b] 14 days post-release 3 months post-release 9 months post-release	 0.97 (2.45) 0.79 (1.72) 1.54 (3.39)	 2.23 (3.19) 1.09 (2.3) 2.11 (3.92)	 -1.27 (18.7)# p = 0.22 -0.45 (38) p = 0.66 -0.41 (31) p = 0.68
Total (sd) [b] 14 days post-release 3 months post-release 9 months post-release	 6.77 (6.73) 6.92 (6.58) 9.63 (8.26)	 12.77 (12.33) 11.27 (9.37) 12.33 (10.11)	 -1.65 (15.19)# p = 0.12 -1.67 (38) p = 0.10 -0.79 (31) p = 0.49

[b] the mean scores and standard deviations are reported. The t-test score is also reported with the degrees of freedom (in parentheses) and the significance levels.
Any t-test analysis where equal variances are not assumed are noted by a hashtag symbol.
Any statistically significant findings (where p =<0.05) are noted by an asterisk.