

1 **ANGIOGENIC MARKERS AND MATERNAL ECHOCARDIOGRAPHIC INDICES IN**
2 **WOMEN WITH HYPERTENSIVE DISORDERS OF PREGNANCY**

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23 **RUNNING TITLE:** sFlt-1/PlGF and maternal heart in HDP

24 **KEYWORDS:** hypertensive disorders of pregnancy, preeclampsia, angiogenic
25 markers, sFlt-1, PlGF, cardiovascular, echocardiography

26 **NOVELTY AND RELEVANCE**

27 1. What are the novel findings of this work?

28 • In women with hypertensive disorders of pregnancy (HDP) and
29 normotensive pregnancy, angiogenetic markers correlate with maternal
30 echocardiographic parameters used to evaluate left ventricular
31 morphology and diastolic function. The relationship between sFlt-1,
32 PIGF and their ratio and maternal cardiac indices in HDP patients might
33 explain why an angiogenic imbalance during pregnancy is associated
34 with maternal adverse cardiovascular outcomes in pregnancy and in the
35 postpartum.

36 2. What are the clinical implications of this work?

37 • Angiogenic markers, which are widely used for the diagnosis and
38 management of HDP, might also give crucial information on the maternal
39 cardiovascular system during pregnancy. And, further studies are
40 needed to evaluate the nature of this correlation and if they could be
41 used as predictors of maternal cardiovascular disease after HDP.

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49 **ABSTRACT**

50 **Objective:** The maternal cardiovascular system of women with hypertensive disorders
51 of pregnancy (HDP) can be impaired, with higher rates of left ventricular (LV)
52 remodelling and diastolic dysfunction compared to normotensive pregnancies. The
53 primary objective of this prospective study was to correlate cardiac indices obtained
54 by transthoracic echocardiography (TTE) and circulating angiogenic markers, such as
55 soluble fms-like tyrosine kinase 1 (sFlt-1) and placental growth factor (PlGF).

56 **Methods:** 95 women with a pregnancy complicated by HDP and a group of 25
57 uncomplicated pregnancies at term underwent TTE and blood tests to measure sFlt-
58 1 and PLGF during the peripartum period (before delivery and within a week of giving
59 birth). Spearman's rank correlation was used to report correlation coefficients between
60 biomarkers and cardiac indices in the HDP population and controls.

61 **Results:** HDP group included 61 (64.2%) preeclamptic patients and, among them, 42
62 (68.9%) delivered before 37 weeks. 12 HDP out of 95 (12.6%) patients underwent
63 blood samples and TTE after delivery, and, as they showed significantly lower levels
64 of angiogenic markers, they were excluded from the analysis. There was a correlation
65 between sFlt-1 and LVMI ($r=0.246$, $p=0.026$) and E/e' ($r=0.272$, $p=0.014$) in HDP
66 ($n=83$), while in controls sFlt-1 showed a correlation with RWT ($r=0.409$, $p=0.043$),
67 lateral e' ($r=-0.562$, $p=0.004$) and E/e' ($r=0.417$, $p=0.042$). PlGF correlated with LVMI
68 ($r=-0.238$, $p=0.031$) in HDP patients and with lateral e' ($r=0.466$, $p=0.022$) in controls.
69 sFlt-1/PlGF ratio correlated with lateral e' ($r=-0.568$, $p=0.004$) and E/e' ($r=0.428$,
70 $p=0.037$) in controls and with LVMI ($r=0.252$, $p=0.022$) and E/e' ($r=0.269$, $p=0.014$) in
71 HDP.

72 **Conclusions:** Although the current data are not able to infer causality, they confirm
73 the intimate relationship between the maternal cardiovascular system and endothelial
74 markers that are used both to diagnose and indicate the severity of HDP.

75 **INTRODUCTION**

76 Hypertensive disorders of pregnancy (HDP) affect up to 10% of pregnancies and are
77 associated with significant maternal and perinatal morbidity.^{1, 2} The maternal
78 cardiovascular system has been shown to be impaired during HDP.^{3, 4} Transthoracic
79 echocardiography (TTE) studies have demonstrated that left ventricular (LV)
80 remodelling is a common finding among women with HDP compared to normotensive
81 pregnancies.^{4, 5} Most data also suggest an association with diastolic dysfunction for
82 all types of HDP, particularly in patients with pre-eclampsia (PE).^{4, 6} Indeed, when LV
83 filling pressures were estimated using the early diastolic mitral inflow velocity and early
84 diastolic mitral annular velocity (E/e' ratio), a higher ratio was reported in women with
85 PE.⁴ In addition, women with HDP have significantly worse myocardial function as
86 demonstrated by global longitudinal strain assessment.⁷ The strain imposed by HDP
87 on maternal LV morphology and function is supported by the finding of elevated levels
88 of cardiac biomarkers that, interestingly, are also found to be abnormal in heart failure
89 and other cardiac diseases outside pregnancy.^{8, 9}

90 An imbalance in circulating vascular factors soluble fms-like tyrosine kinase 1 (sFlt-1)
91 and placental growth factor (PlGF) are implicated in the pathophysiology of multiorgan
92 endothelial dysfunction seen in PE. In particular, circulating levels of sFlt-1 are
93 markedly increased in women with PE, while free levels of its ligand PlGF are
94 significantly diminished.^{10, 11} Both biomarkers can be measured in maternal plasma
95 and serum and have demonstrated clinical utility in predicting the risk of PE in
96 asymptomatic women, ruling out PE in women with possible clinical features,
97 diagnosing PE, and helping with timing of birth in women with confirmed PE.¹² There
98 is a paucity of studies assessing the relationship between cardiac indices and sFlt-1
99 or PlGF in HDP.¹³⁻¹⁵ This pilot study aims to investigate these correlations in a cohort
100 of HDP women and normotensive controls who underwent maternal TTE in the
101 peripartum period.

102
103 **METHODS**

104 *Patient Recruitment and Ethics*

105 This study was part of a prospective longitudinal cohort recruited at St George's
106 University Hospital NHS Foundation Trust, London, between February 2019 and
107 August 2021. The Brent Research Ethics Committee in London gave favourable
108 ethical approval for this study (reference: 19/LO/0794).¹⁶ All participants provided

109 written informed consent for TTE and blood samples that were performed at the same
110 time during the peripartum period.

111

112 *Recruitment criteria*

113 Pregnancies complicated by genetic syndromes or major fetal abnormalities and
114 patients affected by known cardiac conditions or pre-existing chronic hypertension
115 were not included. Women with a pregnancy complicated by HDP and a group of
116 normotensive and uncomplicated pregnancies at term were recruited consecutively in
117 the Maternity Department. A sample size was not calculated because it was not the
118 primary outcome of the main study, and it was largely determined by the number of
119 women who would donate blood at the same time of TTE.¹⁶

120

121 *Clinical Definitions*

122 HDP, including both gestational hypertension and preeclampsia, were defined
123 according to the criteria of the International Society for the Study of Hypertension in
124 Pregnancy.¹⁷ Gestational hypertension is defined as de novo systolic blood pressure
125 ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg measured on two occasions
126 separated by at least four hours after 20 weeks gestation, in the absence of proteinuria
127 and without biochemical or haematological abnormalities. Pre-eclampsia comprises
128 new-onset hypertension accompanied by one or more additional features, including
129 proteinuria (defined as 24-hour urinary protein ≥ 300 mg per day or a protein/creatinine
130 ratio ≥ 30 mg per mmol), other maternal organ dysfunctions (including liver, kidney,
131 neurological), or haematological involvement, and/or uteroplacental dysfunction.
132 Birthweight below the 10th centile was used to define small-for-gestational-age (SGA)
133 neonates. A preterm HDP was defined when delivery occurred before 37 weeks or
134 before 34 weeks' gestation. Controls included normotensive and uncomplicated
135 pregnancies at term. The peripartum period was defined as before delivery or within
136 one week of delivery.

137

138 *Echocardiography*

139 TTE was performed using a commercially available ultrasound Doppler system (GE
140 Vivid E95 with a M5Sc-D probe; GE Healthcare, Horten, Norway) and the offline
141 analysis was performed using EchoPAC version 203 (GE Healthcare, Horten, Norway)
142 by clinicians who were blinded to diagnosis, maternal demographics and gestational
143 age. Two-dimensional, Doppler and Tissue Doppler Imaging (TDI) TTE was performed

144 following international guidelines.¹⁸ For each image acquisition, three cardiac cycles
145 of non-compressed data were stored in cine-loop format and analyzed off-line. Using
146 the parasternal long-axis view, interventricular septum (IVS, mm), left ventricular end-
147 diastolic diameter (LVEDd, mm), and posterior wall thickness (PWT, mm) were
148 measured. Left ventricular mass (LVM, g) was calculated using the formula
149 $0.8 \times (1.04 \times (\text{LVEDd} + \text{PWT} + \text{IVS})^3 - \text{LVEDd}^3) + 0.6$ and indexed for body surface area
150 (BSA) to obtain LVM index (LVMI). Relative wall thickness (RWT) was calculated as
151 follows: $\text{RWT} = 2 \times \text{PWT} / \text{LVEDd}$. Normal cardiac geometry, concentric remodelling,
152 concentric hypertrophy and eccentric remodelling were defined according to
153 guidelines.¹⁹ Diastolic function is a multiparametric evaluation, and the following TTE
154 indices were used. Peak early diastolic (E)-wave velocity (m/s) was measured by
155 pulsed wave Doppler with the sample volume positioned at the tip of the mitral valve
156 leaflets. Lateral and septal e' velocity (m/s) were obtained by pulsed-wave TDI at the
157 lateral and septal mitral annulus. The ratio between E and average e' was calculated.
158 Lateral e' and E/e' cut-offs were derived from gender- and age-specific normal range
159 in women 20-40 years of age using mean \pm 2SD reference.^{20, 21} Left atrial volume
160 index (LAVI) was also included as a parameter to evaluate diastolic function.

161

162 *Biological Samples*

163 Maternal plasma samples were drawn at the time of cardiovascular assessment during
164 the peripartum period. Plasma samples were obtained by venepuncture, collected in
165 pre-chilled tubes containing EDTA (BD Vacutainer), centrifuged (1500 x g for 15
166 minutes) and subsequently, stored at -80 °C. Analysis of plasma samples was
167 conducted in the Immunoassay Biomarker Core Laboratory, School of Medicine,
168 University of Dundee. Plasma sFLT-1 levels were measured using bead-based
169 immunoassays on a Human ProcartaPlex Panels (ThermoFisher) on a Luminex Bio-
170 plex 200 (ThermoFisher), with a lower limit of quantification of 48.8 pg/ml. Plasma
171 PLGF levels were measured using Human V-Plex kit (K151MED-1, MesoScale
172 Discovery) on the Meso Sector S 600nM (MesoScale Discovery), with a lower limit of
173 0.32 pg/ml. A ratio between sFlt-1 and PIGF was computed.

174

175 *Statistical analysis*

176 Preliminary analyses were performed to examine variable distributions, and identify
177 outliers, which were removed. Median and missing percentages were reported for all

178 biomarkers. Analyses were performed as complete case and using rank-based
179 methods. The ranked biomarkers were compared between main groups (HDP and
180 controls) using a two-sample rank-sum (Wilcoxon-Mann-Whitney) test with two-sided
181 p-value of 0.05. Spearman's rank correlation with two-sided p-value of 0.05 was used
182 to report correlation coefficients between biomarkers and echocardiographic indices
183 in the HDP population and controls. Bonferroni correction was used to adjust for a type
184 1 error because of multiple comparisons for 6 primary cardiac indices ($0.05/6=0.0083$).
185 Kruskal-Wallis H test and Wilcoxon-Mann-Whitney test were used to compare
186 biomarkers in pre-specified subgroups. STATA software 17 (StataCorp. 2021. College
187 Station, TX: StataCorp LLC.) was used to perform statistical analyses.

188

189 **RESULTS**

190 *Population description*

191 Ninety-five pregnancies with HDP and 25 normotensive term pregnancies were
192 recruited. Maternal characteristics, biomarker levels and summary echocardiographic
193 indices in these two groups are illustrated in Table 1. Among HDP patients, there were
194 61 (64.2%) preeclamptic patients and 34 (35.8%) with gestational hypertension;
195 preterm delivery <37 weeks and <34 weeks occurred in 42 (68.9%) patients and 21
196 (34.4%) patients, respectively. 12 HDP out of 95 (12.6%) patients underwent blood
197 samples and TTE within 1 week after delivery and they showed significant differences
198 in biomarkers, but not in echocardiographic indices, compared to HDP patients
199 assessed before delivery (Table S1). In view of this difference in biomarker levels, only
200 the 83 cases where samples were taken just prior to the time of birth were included in
201 the analysis.

202

203 *Correlation between biomarkers and cardiac indices*

204 There was a correlation between sFlt-1 and LVMI ($r=0.246$, $p=0.026$) and E/e'
205 ($r=0.272$, $p=0.014$) in HDP group ($n=83$), while in the control group sFlt-1 showed a
206 correlation with RWT ($r=0.409$, $p=0.043$), lateral e' ($r=-0.562$, $p=0.004$) and E/e'
207 ($r=0.417$, $p=0.042$) (Figure 1). PlGF correlated with LVMI ($r=-0.238$, $p=0.031$) in HDP
208 patients and with lateral e' ($r=0.466$, $p=0.022$) in non-hypertensive controls. sFlt-
209 1/PlGF ratio correlated with lateral e' ($r=-0.568$, $p=0.004$) and E/e' ($r=0.428$, $p=0.037$)
210 in controls and with LVMI ($r=0.252$, $p=0.022$) and E/e' ($r=0.269$, $p=0.014$) in HDP. The
211 correlations between angiogenic factors and echo parameters in HDP patients and
212 controls are shown in Table 2 and Figure 3.

213

214 *Biomarkers in women with LV diastolic dysfunction and abnormal morphology*

215 Considering only women with HDP, sFlt-1 was higher when LVMI was ≥ 95 g/m² and
216 RWT was ≥ 0.42 during pregnancy (Table 3). In the entire cohort, sFlt-1 and sFlt-
217 1/PIGF values increased with LV remodelling severity, and PIGF decreased with LV
218 remodelling severity, as shown in Table S2 and Figure 4.

219

220 **Discussion**

221 The current findings demonstrated significant correlations between sFlt-1, PIGF and
222 the sFlt-1/PIGF ratio with cardiac remodelling and indices of diastolic function in a
223 cohort of hypertensive and normotensive pregnant women during pregnancy.
224 Although the current data are not able to infer causality, they confirm the intimate
225 relationship between the maternal cardiovascular system and endothelial markers that
226 are used to diagnose and indicate severity of HDP.²²

227

228 *Interpretation of study findings and comparison with published literature*

229 While other cardiac biomarkers, such as serum N-terminal pro-B type natriuretic
230 peptide, have been extensively correlated with cardiac dysfunction that can develop
231 in hypertensive pregnancies, there are very little data on the relationship between
232 angiogenic biomarkers and echocardiographic findings in pregnancies with HDP.^{8,}
233 ^{9, 23, 24} The use of angiogenic markers in women with suspected PE is of established
234 clinical value in predicting the interval between diagnosis and delivery and maternal
235 adverse outcomes in HDP.²⁵⁻³⁰ In a study on 1043 patients with suspected and/or
236 confirmed PE, sFlt-1/PIGF ratio >85 was good at ruling-in preeclampsia with severe
237 features within 2 weeks among women with suspected preeclampsia, either before or
238 after 35 weeks, and fair at ruling-in PE with severe features within 2 weeks in women
239 with PE at <35 weeks.²⁸ These findings were confirmed by a multicentre study where
240 measurement of sFlt-1/PIGF provided stratification of the risk of progressing to severe
241 PE within the coming fortnight in women with HDP presenting between 23 and 35
242 weeks of gestation.²⁹ The correlation between endothelial markers and cardiac indices
243 revealed by our data may explain why women with a higher sFlt-1/PIGF ratios are at
244 increased risk of developing severe features of PE and adverse outcomes of
245 pregnancy. For instance, diastolic dysfunction and increased LV filling pressure might
246 predispose women to pulmonary oedema and other cardiovascular complications.⁶

247 The correlations between sFlt-1/PlGF ratio and maternal cardiac maladaptation in
248 pregnancy may also explain why abnormal levels of angiogenic markers are
249 associated with postpartum cardiovascular disease (CVD) in women with HDP.
250 Hypertension in pregnancy is recognised as an important risk factor for CVD later in a
251 women's life.^{31, 32} PlGF, sFlt-1 and the sFlt-1/PlGF ratio could provide a better
252 understanding of the pathophysiological mechanism of short and long-term CVD after
253 HDP. Among 375 patients with HDP, 50% presented with severe and 40% with mild
254 postpartum hypertension, where the sFlt-1/PlGF ratio was significantly higher for
255 postpartum hypertension compared with women who were normotensive
256 postpartum.³³ Similar results were obtained by a prospective study on 988 consecutive
257 women admitted to a tertiary medical centre for caesarean sections, where 184
258 (18.6%) developed postpartum hypertension. In addition to a higher BMI and history
259 of diabetes mellitus, the antepartum sFlt-1/PlGF ratio positively correlated with BP in
260 the postpartum period.³⁴ Another study found significantly lower PlGF levels in women
261 with PE who subsequently developed hypertension at 1-year postpartum (n=23)
262 compared to women who became normotensive (n=57).³⁵ Benschop *et al.*³⁶
263 associated lower mid-pregnancy PlGF concentrations with worse cardiac structure
264 and higher SBP at 6–9 years postpartum in a cohort of 5,475 women with normal and
265 pathological pregnancies. These associations persevered after the exclusion of
266 women with complicated pregnancies, highlighting a possible role for even normal
267 pregnancy in screening for postpartum cardiovascular disease. Another study
268 associated increased sFlt-1 and decreased PlGF values in the third trimester of PE
269 pregnancies with cardiometabolic risk factors at 12 years postpartum.³⁷

270

271 It is also important to consider that the vascular remodelling modulated by angiogenic
272 ligand PlGF and its target receptor Flt-1 is a crucial compensatory mechanism in many
273 cardiac disorders outside pregnancy.³⁸ PlGF is elevated during myocardial ischaemia
274 and some studies have shown that PlGF, sFlt-1 or sFlt-1/PlGF ratio, when used in
275 combination with standard biomarkers, strengthens predictions of outcomes. sFlt-1
276 and PlGF are elevated in heart failure and sFlt-1 is a good predictor of outcomes.^{38, 39}
277 Consistent with these findings, in the current study, endothelial biomarkers were
278 associated with LV remodelling and diastolic dysfunction in the entire cohort.

279

280 *Clinical and Research Implications*

281 The planned early delivery or expectant management for late preterm pre-eclampsia
282 (PHOENIX) RCT showed that planned early delivery in women with late preterm PE
283 significantly reduced maternal adverse outcomes, but with more neonatal unit
284 admissions related to minor prematurity sequelae, such as short-term neonatal
285 respiratory morbidity.^{40, 41} An abnormal angiogenic profile in women with an
286 established diagnosis of preterm PE identifies women at increased risk of adverse
287 outcomes helping the decision-making process regarding the timing of birth.²⁹
288 Regarding the risk of postpartum CVD in women with HDP, there is no consensus
289 regarding clinical guidelines on how to optimally screen, prevent and manage CVD
290 risk after pregnancies complicated by HDP.⁴² In addition, not all women who
291 experienced HDP develop CVD later in life, indicating the existence of different levels
292 of future risk.⁴³ The identification of circulating cardiovascular biomarkers of relevance
293 for myocardial and coronary artery function in pregnancy may be of additional value
294 to determine which women are at greatest risk. Peripartum screening based on
295 maternal factors and echocardiographic data was able to detect the majority of women
296 who went onto to develop postpartum hypertension within six months with excellent
297 discrimination.¹⁶ Integrating angiogenic markers in peripartum screening might
298 enhance the prediction model or could allow the replacement of TTE, which needs to
299 be performed by certificate and skilled operators, with a blood sample. In addition,
300 PIGF might also be used as a proxy for maternal cardiovascular system adaptation to
301 pregnancy, even in women without HDP. Lower PIGF levels indicate maternal
302 cardiovascular maladaptation and could potentially identify women at risk of
303 postpartum CVD. Although it is well-known that women with history of HDP have an
304 increased risk of CVD,²² the vast majority of postpartum CVD still occur in women
305 without HDP. For instance, more than 1 in 10 patients were found to be hypertensive
306 in the first year postpartum after normotensive pregnancies.⁴⁴ As pregnancy offers a
307 window of opportunity for CVD screening in young adult women, vascular markers in
308 isolation or combined with TTE assessment, could help identify women at risk of future
309 CVD.³⁶

310

311 *Strengths and limitations*

312 This is the first study demonstrating a correlation between PIGF, sFlt-1 or sFlt-1/PIGF
313 ratio and cardiac parameters obtained using TTE in a cohort of women with and
314 without hypertension during pregnancy. TTE and blood tests were performed at the

315 same gestational age. The main limitations of the study are the relatively small sample
316 size, in particular of the control group, which might make the study underpowered and
317 the heterogeneity in the HDP group, which included PE and GH cases at any
318 gestational age. Our biomarker data are not comparable to the most used
319 immunoassays to measure angiogenetic factors. Moreover, data were not adjusted for
320 gestational age at sampling and other maternal factors.

321

322 *Perspectives*

323 *Maternal angiogenic factors, cardiac morphology and diastolic function are*
324 *significantly correlated in both women with and without HDP. These findings have*
325 *highlighted a close relationship between the uteroplacental unit and the maternal heart*
326 *in pregnancy. Further research is needed to understand the nature of this relationship*
327 *and to elucidate possible clinical implications of these biomarkers in predicting adverse*
328 *maternal cardiovascular outcomes in pregnancy and in the postpartum period.*

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TABLES

Table 1. Maternal characteristics at booking, peripartum serum angiogenic biomarker levels and echo indices in controls and women with hypertensive disorders of pregnancy. Data shown as number (%), mean (\pm standard deviation) or median (interquartile range).

	Control (N=25)	HDP (N=95)	p value	GH (N=34)	Term PE (N=19)	Preterm PE (N=42)
Maternal age (years)	34.91 \pm 5.57	33.50 \pm 5.66	0.267	34.00 \pm 3.20	31.77 \pm 4.63	34.00 \pm 7.41
BMI (Kg/m ²) 1 st trimester	24.45 \pm 4.68	29.52 \pm 6.01	<0.001	27.53 \pm 5.0	27.75 \pm 5.00	30.93 \pm 6.81
Mean arterial pressure (mmHg) 1 st trimester	83.28 \pm 6.63	96.52 \pm 9.34	<0.001	96.52 \pm 7.01	95.85 \pm 5.24	96.89 \pm 12.65
Assisted conception	4 (16)	4 (4.2)	0.058	1 (2.9)	0 (0)	3 (7.3)
Nulliparous	11 (44.0)	59 (62.1)	0.115	25 (73.5)	15 (75.0)	19 (46.3)
Ethnicity	White	54 (56.8)	0.005	29 (85.3)	9 (45.0)	16 (39.0)
	Non-white	41 (43.2)		5 (14.7)	10 (55.0)	26 (61)
Details of birth						
Gestation at CV assessment (weeks)	38.87 \pm 0.67	34.66 \pm 4.45	<0.001	38.03 \pm 1.58	37.05 \pm 1.37	30.79 \pm 3.87
Gestation at birth (weeks)	39.18 \pm 0.56	35.93 \pm 4.19	<0.001	39.12 \pm 1.06	37.95 \pm 0.85	32.29 \pm 3.96
Birthweight centile	63.39 \pm 25.58	28.68 \pm 30.18	<0.001	42.43 \pm 28.17	33.91 \pm 30.08	14.72 \pm 26.11
Serum biomarkers						
sFlt-1 (pg/ml)	1,634.06 (945.46-3,397.66)	6,489.77 (1,663.01-12,684.26)	<0.001	2,079.44 (1,253.10-7,063.35)	8,301.12 (2,813.30-14,401.97)	8,843.56 (1,663.02-16,387.46)
PlGF (pg/ml)	1,048.24 (708.68-1,786.89)	185.52 (81.69-385.29)	<0.001	306.72 (211.45-449.12)	183.72 (136.18-317.75)	83.15 (42.95-225.22)
sFlt-1/PlGF ratio	1.26 (0.53-2.51)	18.90 (6.57-91.73)	<0.001	8.75 (3.51-18.90)	35.87 (13.73-76.69)	81.55 (7.66-376.79)
Echocardiographic indices						
LVMI (g/m ²)	66.54 (55.70-73.82)	77.57 (67.34-88.51)	<0.001	75.05 (64.25-80.62)	80.25 (73.49-94.57)	78.57 (71.56-91.51)

RWT	0.30 (0.26-0.38)	0.43 (0.36-0.47)	<0.001	0.40 (3.51-19.90)	0.45 (0.38-0.47)	0.43 (0.37-0.47)
LAVI (ml/m ²)	23.79 (22.10-27.78)	27.15 (23.63-31.69)	0.014	26.66 (23.67-29.16)	26.81 (22.29-30.45)	28.52 (24.25-32.05)
Lateral e' (m/s)	0.16 (0.14-0.18)	0.12 (0.10-0.14)	<0.001	0.12 (0.11-0.15)	0.12 (0.11-0.15)	0.11 (0.07-0.11)
Septal e' (m/s)	0.12 (0.10-0.13)	0.09 (0.08-0.11)	<0.001	0.08 (0.08-0.10)	0.10 (0.09-0.11)	0.10 (0.07-0.11)
E/e'	5.65 (4.78-6.59)	7.33 (6.27-9.00)	<0.001	6.93 (6.11-7.60)	7.09 (6.17-8.60)	8.23 (6.73-9.65)

HDP hypertensive disorders of pregnancy, GH gestational hypertension, PE preeclampsia, BMI body mass index, CV cardiovascular, LVMI left ventricular mass index, RWT relative wall thickness, LAVI left atrial volume index

Table 2. Correlations between maternal serum biomarker levels and echocardiographic indices in controls and women with hypertensive disorders of pregnancy (HDP). HDP patients with cardiovascular assessments (echocardiography and biomarkers) performed after delivery were excluded. *Statistical significance shown after Bonferroni correction.

	Controls (n=25)		HDP (n=83)	
	r	p-value	r	p-value
sFlt-1 (pg/ml)				
LVMI (g/m ²)	0.206	0.323	0.246	0.026
RWT	0.409	0.043	0.212	0.056
LAVI (ml/m ²)	-0.023	0.916	0.042	0.710
Lateral e' (m/s)	-0.562	0.004*	-0.058	0.607
Septal e' (m/s)	-0.338	0.107	-0.031	0.781
E/e'	0.417	0.042	0.272	0.014
PIGF (pg/ml)				
LVMI (g/m ²)	0.213	0.306	-0.238	0.031
RWT	0.156	0.455	-0.056	0.618
LAVI (ml/m ²)	-0.261	0.218	-0.131	0.242
Lateral e' (m/s)	0.466	0.022	0.132	0.237
Septal e' (m/s)	0.265	0.211	0.070	0.529
E/e'	-0.351	0.092	-0.152	0.173
sFlt-1/PIGF ratio				
LVMI (g/m ²)	0.138	0.948	0.252	0.022
RWT	0.108	0.604	0.147	0.189
LAVI (ml/m ²)	0.170	0.426	0.097	0.385
Lateral e' (m/s)	-0.568	0.004*	-0.104	0.351
Septal e' (m/s)	-0.371	0.074	-0.057	0.610
E/e'	0.428	0.037	0.269	0.014

LVMI left ventricular mass index, RWT relative wall thickness, LAVI left atrial volume index

Table 3. Categorical analysis of maternal serum biomarkers in left ventricular (LV) remodelling and LV diastolic dysfunction in women with hypertensive disorders of pregnancy (HDP) (n=83).

LVMI (g/m²)	<95 (n=70)	≥95 (n=13)	p-value
sFlt-1(pg/ml)	6123.00 (1987.45-11707.28)	13190.20 (7010.69-17418.87)	0.045
PIGF (pg/ml)	238.00 (101.06-407.00)	127.92 (61.74-202.29)	0.118
sFlt-1/PIGF	20.32 (6.85-73.83)	90.88 (31.95-271.21)	0.051
RWT	<0.42 (n=36)	≥0.42 (n=47)	
sFlt-1 (pg/ml)	5609.68 (1809.98-8658.95)	10203.63 (2120.84-16356.86)	0.038
PIGF (pg/ml)	238.14 (102.20-421.22)	205.84 (67.98-376.82)	0.360
sFlt-1/PIGF	18.90 (6.74-43.74)	55.50 (8.52-191.60)	0.110
Lateral e' (m/s)	>0.10 (n=59)	≤0.10 (n=24)	
sFlt-1 (pg/ml)	6962.77 (1987.45-13035.45)	7058.60 (2415.35-16418.05)	0.454
PIGF (pg/ml)	251.29 (103.34-425.61)	183.39 (59.00-239.34)	0.062
sFlt-1/PIGF	22.71 (6.75-86.82)	43.92 (9.71-323.13)	0.181
E/e'	<9 (n=56)	≥9 (n=27)	
sFlt-1 (pg/ml)	6776.80 (1996.62-12333.12)	11800.96 (1075.46-19064.55)	0.058
PIGF(pg/ml)	221.66 (122.24-407.00)	66.02 (42.95-792.29)	0.570
sFlt-1/PIGF	22.93 (7.13-68.29)	209.88 (1.11-387.30)	0.078

LVMI left ventricular mass index, RWT relative wall thickness

FIGURE LEGENDS

Figure 1. Correlation between plasma sFlt-1 (pg/ml) and echocardiographic E/e' ratio in normotensive (empty circles, n=25) and hypertensive disorder pregnancy (HDP) patients (filled circles, n=83) before delivery.

Figure 2. Correlation between PIGF and left ventricular mass index (LVMI) in normotensive (empty circles, n=25) and HDP patients (filled circles, n=83) before delivery.

Figure 3. Box plots of sFlt-1/PIGF ratio according to left ventricular morphology (Normal, Concentric remodeling, Concentric hypertrophy, Eccentric hypertrophy) in all women.

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