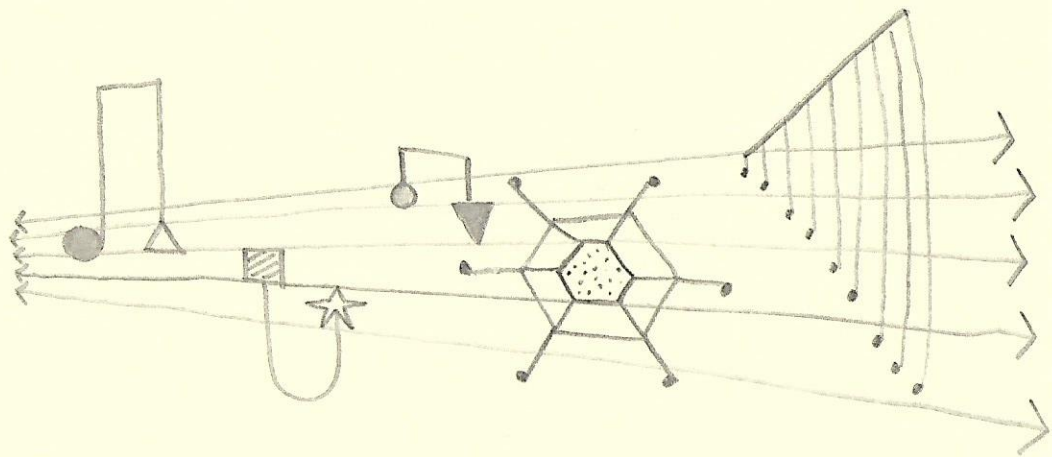


TO DO LIST: (improvise the following)

1. Breathe in sharply and loudly
2. Play lots of notes, busily, you are busy, so BUSY!! Short blasts!
3. Leave a short silence.
4. Play a long very low note.
5. Sigh loudly and long.



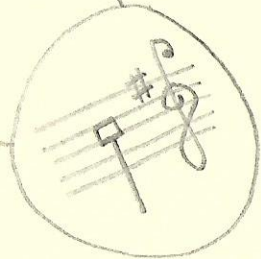
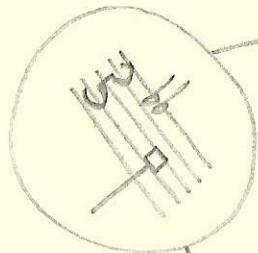
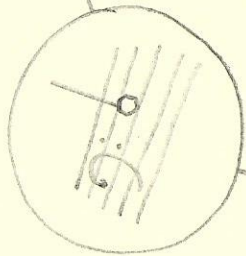
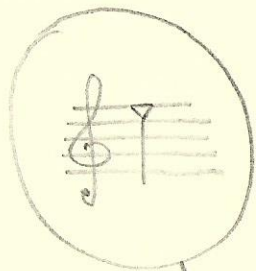
close your eyes,

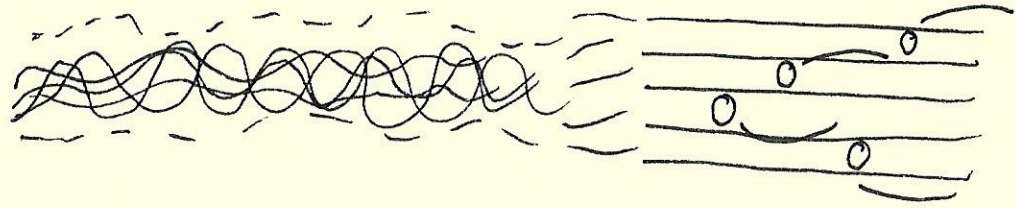
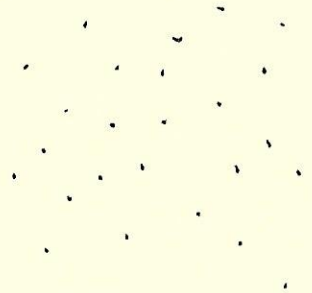
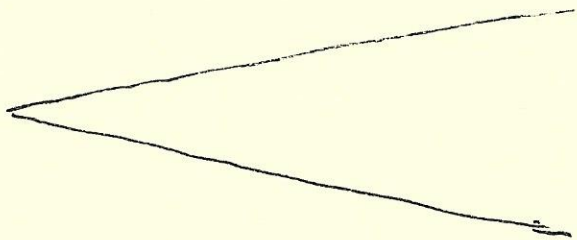
listen,

make a sound,

reflect on that sound

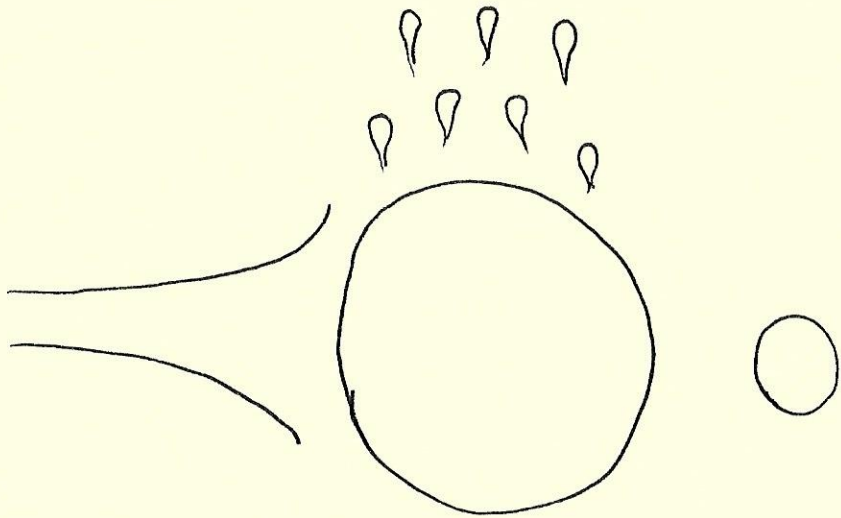
repeat.



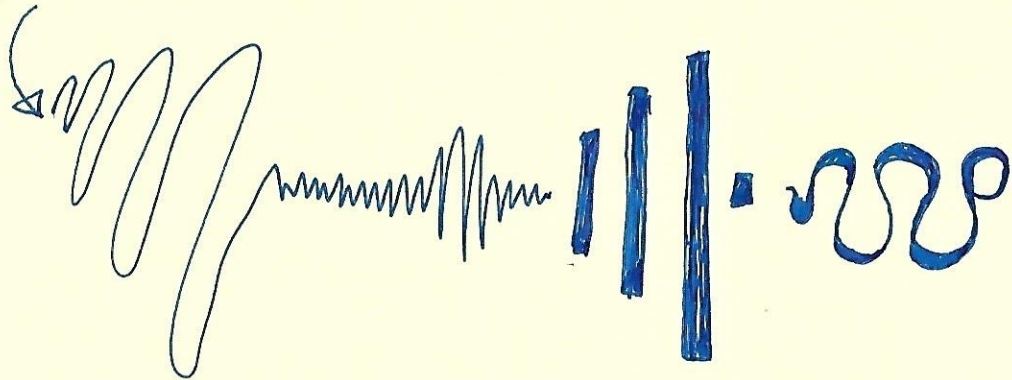


Vary dynamics to suit.



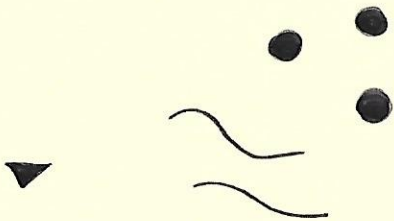
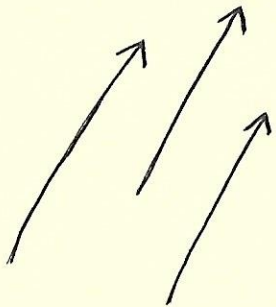


start here



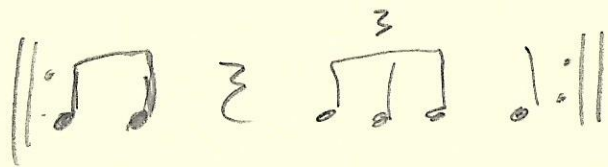
Sustain your lowest pitch,
pause for a moment.

repeat.



. Your EARLIEST MEMORY .





Any notes you like

Alternate patterns at your will.

• CHOP • SLAP • CHOP •
• SLAP • SLAP •
• CHOP • SLAP • TICKLE •
• CHOP • CHOP •
• SLAP • TICKLE • CHOP •

RELAX

SMILEY

