

IMPACT KENT:CCCU AND COMMUNITY CONFERENCE

Inclusivity, Sustainability, Wellbeing

Conference pack

Information Included

- Conference programme
- Travel information
- Venue information
- Accommodation information

28 JUNE | ON-CAMPUS

9am – 5pm | Verena Holmes building

First Floor Lecture Theatre
(VH1.07)

Parallel sessions
Second Floor rooms (VH2.59-
VH2.60)

Canterbury Christ Church University

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Welcome

Welcome to Canterbury Christ Church University's Impact Kent: CCCU and Community Conference, exploring the use of innovative, interdisciplinary approaches to tackle the problems the world is facing. Through a series of interactive presentations and workshops, our conference will share multi- and cross-disciplinary approaches and foster an atmosphere which enables new projects and ideas and seeds collaborative opportunities between CCCU research community and the groups and organisations working with and within the Kent communities. Canterbury Christ Church University warmly welcomes you on this collaborative journey.

Conference Programme

Our speakers, who are from varying backgrounds and organisations, are united in their passion for collaborating to address the challenges our communities face. Below is our conference programme. Please note that all information is accurate at the time of publishing and that there may be extenuating circumstances that require scheduling changes. If this occurs, all delegates will be informed of the changes and provided with up-to-date information. Please consult a **separate abstract pack** for more detailed information about the presentations and workshops featured in the conference.

Time will be allocated to allow for questions. We will also run a Padlet for the day of the conference, where questions and comments can be submitted in real-time to presenters.

Click [here](#) for the 28th June Padlet, or use this QR code below:



Time	Activity & Venue	
08:30	Registration, Refreshments and Networking Verena Holmes Open Space (3 rd floor)	
Join Session 1: Collaboration and Knowledge Exchange VH1.07		
09:10	Conference Open – Katja Hallenberg (<i>Interdisciplinary Research Network, Canterbury Christ Church University</i>) University Welcome – Annette King (<i>Canterbury Christ Church University</i>) Scale Up and Grow with a Knowledge Transfer Partnership – Charlotte Goode (<i>Canterbury Christ Church University</i>) Academy for Sustainable Futures – Adriana Consorte-McCrea (<i>Canterbury Christ Church University</i>)	
BREAK: 10:10– 10:20		
Join Session 2: Representation, Community and Wellbeing #1 VH1.07		
10:20	Coastal Dwellers and Community Representation – Chris Blunkell (<i>Canterbury Christ Church University</i>) Building Collaborations for a Better Future: Empowering diverse communities in Kent through collaboration, innovation and research – Aga Gordon (<i>Canterbury Christ Church University and Ethnic Minorities in Canterbury CIO</i>) and Radu Stancu (<i>Ethnic Minorities in Canterbury CIO</i>) Working for LGBT+ Equality in West Kent Schools: Setting up a local network – Hannah Jayne (<i>Judd School</i>)	
BREAK: 11:20– 11:30		
	Parallel Workshop 1 VH2.59	Parallel Workshop 2 VH2.60
11:30	Snackless Workshop: 4 simple steps to break bad eating habits for your own and community wellbeing – Laura Rose (<i>Snackless</i>)	Mycelial networks, Interaction and Collaboration: How local organisations across the Canterbury district are connecting and building partnerships to safeguard and enhance threatened natural spaces - William Rowlandson (<i>University of Kent</i>)
LUNCH AND NETWORKING: 12:15– 13:00 Verena Holmes Open Space (3rd floor) Please visit stands from: Bright Shadow Enterprise and Engagement, CCCU HMP Maidstone Kent Wildlife Trust		

13.00	<p align="center">Parallel Workshop 3 VH2.59</p> <p>Community Mental Health Workshop – Helen Carr (<i>Canterbury Christ Church University and The Abbey Physic Community Garden</i>) and Alex Richardson (<i>Keep Talking Services</i>)</p>	<p align="center">Parallel Workshop 4 VH2.60</p> <p>Wilder Blean Initiative Workshop – Sara Valencia (<i>Kent Wildlife Trust</i>)</p>
BREAK: 13:45 – 13:55		
Join Session 3: Well and Active at Every Age VH1.07		
13:55	<p>Promoting the Wellbeing of Retirees Through a University of Third Age and CCCU Partnership – Ann Skingley and Robin Terry (<i>Canterbury and District University of Third Age</i>)</p> <p>Playing It Forward: Changing Attitudes Towards Dementia by Creating Shared Creative Spaces – Rebecca Truscott-Elves and Gill Ashington (<i>Bright Shadow</i>)</p> <p>Generational Differences in the Workplace: Lessons from and for the University – Jennie Bristow (<i>Canterbury Christ Church University</i>)</p>	
BREAK: 14:40 – 14:50		
Join Session 3: Representation, Community and Wellbeing #2 VH1.07		
14:50	<p>Investigating the COVID-19 Impact on Socio-Economic Status and Welfare of BAME Communities in Canterbury/Kent – Daba Chowdhury (<i>Canterbury Christ Church University</i>)</p> <p>The Amelia Scott Cultural Hub and Civic Investment in Culture for Wellbeing – Jeremy Kimmel (<i>The Amelia Scott Cultural Hub, Tunbridge Wells Borough Council</i>)</p> <p>Food Bank Movement: Working toward becoming unnecessary – Peter Taylor-Gooby and Liam Waghorn (<i>Canterbury Food Bank</i>)</p> <p>Canterbury for Ukraine: local response to the global challenge – Denys Nizalov (<i>Canterbury for Ukraine</i>)</p>	
BREAK: 16:00 – 16:10		
Joint Session 4: Sustainable Futures VH1.07		
16:10	<p>Establishing Platforms or Groups from Smaller Organisations for Sharing Best Practices in Effective Climate Emergency Action – Simon O’Leary (<i>Canterbury Christ Church University</i>)</p> <p>Is There a Space for Spirituality in Sustainable Futures? – Adriana Consorte-McCrea (<i>Canterbury Christ Church University</i>)</p> <p>Water Provisions and Firefighting – Steven Lewis and Dan Noonan (<i>Kent Fire & Rescue Service</i>)</p>	
16.40	<p>Conference Close – Katja Hallenberg (<i>Interdisciplinary Research Network, Canterbury Christ Church University</i>)</p>	

Venue information

Our conference will be held in the Verena Holmes building's first-floor lecture theatre (VH 1 07) and parallel session on second-floor (VH2.29 and VH2.60) at Canterbury Christ Church University's historic North Holmes Road campus.

Verena Holmes Building and Collaborate Lecture Theatre (VH 1.07)



The conference will be held in our new £65m building for sciences, technology, engineering and health, the Verena Holmes Building. The building has a new and expectant mothers' room, gender-neutral toilets, and accessible toilet and shower facilities. Lift access is also provided to the lecture theatre. There is a café on the 2nd floor, and a food truck situated outside the building. Click [here](#) to take a tour of the building.



The conference's venue is a lecture space designed to accommodate both workshop and lecture formats and allow interactivity between guests and speakers. Positioned halfway up the room are monitors which also display what is being presented on the front screen for ease of viewing. The lecture theatre is accessed via the lifts at the back of the ground floor foyer or up the main staircase from ground floor to floor one. The lecture theatre is at the top of the staircase.

The North Holmes Road Campus

The conference will be held on our historic North Holmes Road campus in Canterbury, a UNESCO World Heritage site. Sandwiched between the King's School, St Augustine's Abbey, and St Martin's Church (which is the oldest church in Britain that is still used as a church), and incorporating an old courthouse, prison and prison governor's house into its campus, Canterbury Christ Church University's North Holmes Road campus is steeped in unique history. It boasts green spaces, including an orchard, herb garden, koi pond, and historic wall ruins running throughout the campus.



Map

An interactive map of the university can be found by clicking [here](#).



Refreshments

Conference

Light refreshments will be provided on the day of this conference in morning and afternoon servings.

Delegates who have pre-ordered the vegetarian and vegan buffet lunch will be issued with a lunch voucher at registration. The buffet lunch will be served on the Third Floor Open Area.

Refreshments and Campus Eateries

You are welcome to eat at our campus food and drink outlets, which are based in the following locations:

- Coffee Dock, Verena Holmes building level 2, open 8am – 5pm
- Food Truck, outside Verena Holmes building, open 11am – 3pm
- Sessions House Café, Old Sessions House, open 10am – 2pm
- Touchdown Café, Laud building, open 8am – 5pm
- The Food Court, Anselm building, open 8am – 3pm

Click [here](#) to find out more about our campus eateries.

You are welcome to bring your own food with you if you would prefer. There are multiple green spaces to sit and dine on campus grounds.

Eating in the City

The campus is a 5–10-minute walk away from Canterbury's many restaurants, bistros and cafes. Details of dining options can be found by clicking [here](#).

Travelling to Canterbury

Canterbury is accessible by bus, train, and coach, with Canterbury East train station and Canterbury bus station both in close proximity to the North Holmes Road campus.

Parking

Due to the historic nature of our campus, we are unable to offer on-campus parking. There are, however, multiple car parks situated near the campus. The nearest car parks are [Longport](#) (5-minute walk) and [Queningate](#) (10-minute walk). For a list of all car parks in Canterbury and pricing information, click [here](#).

Park and Ride

Canterbury boasts multiple park and ride bus schemes that operate at a lower cost. Click [here](#) to find out more. There are three park and ride schemes that go to between their designated car parks and Canterbury Bus Station, which is a 10-minute walk from the North Holmes Road Campus. Click the links below to find out about the following park and



ride locations: [Wincheap Park and Ride](#), [Sturry Road Park and Ride](#), and [New Dover Road Park and Ride](#).

Bus

Canterbury Bus Station is a 5-to-10-minute walk from the North Holmes Road campus, and has services branching throughout the Kent area, and a coach service that goes direct to London. For more information, click [here](#).

Train

Canterbury has two train stations, Canterbury East and Canterbury West, both serviced by trains that extend from various London stations to the coast. Canterbury West is serviced by the HS1 High Speed train from London's St Pancras International Station. Both train stations have taxi ranks and are on bus routes to Canterbury bus station. For more information, click the links below:

- [Canterbury East Railway Station](#) (20-minute walk)
- [Canterbury West Railway Station](#) (20-minute walk)

Taxi

Taxi ranks are at the following locations:

- **Taxi Rank at Canterbury Bus Station** (10-minute walk)
- **Taxi Rank at Link Lane** (8-10-minute walk)

Staying in Canterbury

There are numerous accommodation options available in Canterbury catering to various requirements. Click [here](#) to find out about the options available.

There are multiple things to do in Canterbury and its surrounding areas. Ranging from shopping to experiencing world heritage sites, Canterbury has a wide variety of experiences to offer. To find out more, click these links: [Shopping](#) and [Things to do](#).

Health and Safety

First Aid

If you require a first aid responder whilst on campus, please alert the conference organisers and ring our emergency number 01227 922111 and provide information of your location and injury.

Building Evacuation Protocol

The University operates a full evacuation policy on activation of any alarm within its premises. The alarm can be identified by a continuous tone with flashing beacons that

activate throughout the building. Lights throughout the whole building will also illuminate. There are no fire alarm tests scheduled during the conference, so please do the following immediately upon hearing an alarm.

As soon as a fire alarm activates:

1. All occupants should leave the building as quickly as possible and proceed to one of the two assembly points closest to your exit from the Verena Holmes building, which is either the Anselm Lawn or Abbey Square. Click [here](#) for a map of evacuation routes and assembly points. CCCU Fire Wardens, Security or Housekeeping personnel will also direct occupants to assembly points.
2. The lifts within the centre of the building must not be used during an evacuation. Therefore, if any occupant cannot evacuate by the normal routes, they along with their host, if applicable, are to proceed to the nearest refuge area on the floor for which they are based, as per the Refuge Area Locations Plans, and use the refuge communication system to alert CCCU personnel, who will advise on the required protocol.
3. Do not delay evacuation by collecting belongings.
4. Do not re-enter the building until authorised to so by CCCU Security personnel or Fire Wardens.

Exit Maps, Refuge Area Locations and Assembly Areas

Click [here](#) to view the emergency exits map, refuge area locations and assembly areas for the Verena Holmes building. If you are a guest who may require assistance in an emergency evacuation, please contact the team at irn@canterbury.ac.uk so we can liaise with our health and safety team to ensure your safety.

Commitment to Sustainability

At Canterbury Christ Church University, we are deeply committed to sustainability and reducing waste. As such, we will not be providing any plastic giveaways at the conference and the offered buffet lunch is vegetarian/vegan. Click [here](#) to find out more about our commitment to sustainability.



Feedback and Evaluation

The Conference team are dedicated to providing an enjoyable experience for all. We are also keen on reflection and improvement, and as such, we would greatly appreciate any feedback. Click [here](#) to access our feedback form or scan the QR code:



Thank you

On behalf of the Conference team and Canterbury Christ Church University, we would like to thank you for supporting and attending our conference. We have thoroughly enjoyed embarking on this learning journey with